



Blood testing



The nurse will ask you roll up your sleeve



They may place a band on your arm



You will need to keep your arm still



The nurse will use a needle to take your blood



You may feel a scratch on your arm and it will not hurt



Once the nurse is finished she will place cotton wool on your arm



Followed by a plaster on your arm



You must tell the nurse if you are allergic to cotton wool or plasters



Your blood sample will be sent away for testing



Diabetes testing



A lancet pen is used to take a small drop of your blood



A small drop of blood is squeezed and placed onto a strip inserted in the blood monitor



Once this is complete the nurse will give you cotton wool to dab on your finger



The monitor will give you your reading



Having a vaccine



You should not have a vaccine if you feel unwell



A nurse usually gives a vaccine



The nurse will have the vaccine ready



The nurse will ask you to roll your sleeve up



The nurse will then put a needle into your arm



You may feel a scratch in your arm and it will not hurt



After the vaccine the nurse will place cotton wool on your arm



The nurse will then put a plaster on your arm.



You must tell the nurse if you are allergic to cotton wool or plasters